



# **Rights and Responsibilities**

Know your Rights

You have the right to  
**SPEAK OUT FOR YOURSELF**



You have the RESPONSIBILITY

to be actively involved in making your person centered support plan.

Self Advocate Coalition of Kansas

You have the right to  
**BE TREATED WITH DIGNITY  
AND RESPECT**



You have the responsibility to treat others how you would like to be treated.

Self Advocate Coalition of Kansas

# RESPECT

The state of being  
regarded with  
**honor** or **esteem**

(American Heritage Dictionary)



# DIGNITY

The feeling you get  
when you are  
regarded with honor  
or esteem



You have the Right to  
**MAKE DECISIONS**  
and  
**HAVE RESPONSIBILITIES**



YOU are responsible for your actions.

Self Advocate Coalition of Kansas

# You have the Right to **VOTE**



You are responsible for participating in your community.

Self Advocate Coalition of Kansas

You have the Right to  
**DUE PROCESS**  
(Equal treatment under the Law)



You are responsible for obeying the law.

# You have the Right to **FREEDOM OF RELIGION**



You have the responsibility to respect other people's religious choices.

# You have the Right to **CHOOSE WHO YOU LIVE WITH**



You have the responsibility to get along with your roommate and to work your problems out together.

# You have the Right to **Privacy**



You have the responsibility to respect other people's Right to Privacy.

# Privacy

- The personal space to call your own
- A feeling of control over your valued possessions or your personal space  
(Community Connections, March 1993)



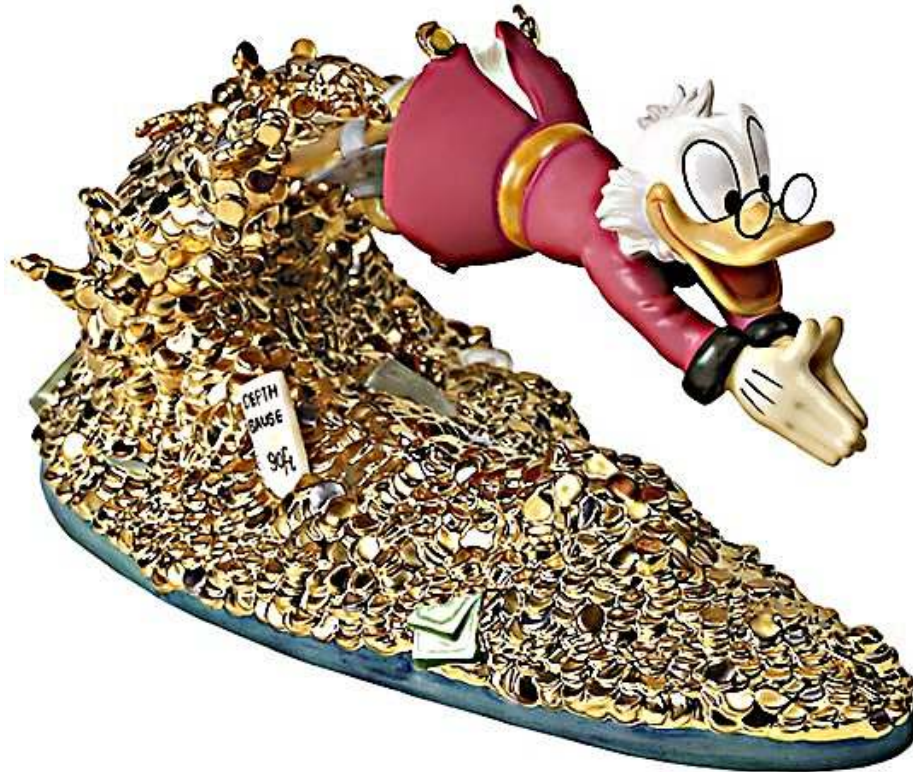
# You have the Right to know that **your things are your things**



You have the responsibility to respect other people's property  
and choices.

Self Advocate Coalition of Kansas

# You have the Right to know **YOUR MONEY** is **YOUR MONEY**



You have the responsibility to pay your rent and bills on time.

# You have the Right to talk to **family, friends or visitors** when you want



You should respect the right of your roommates when they visit with friends and family.

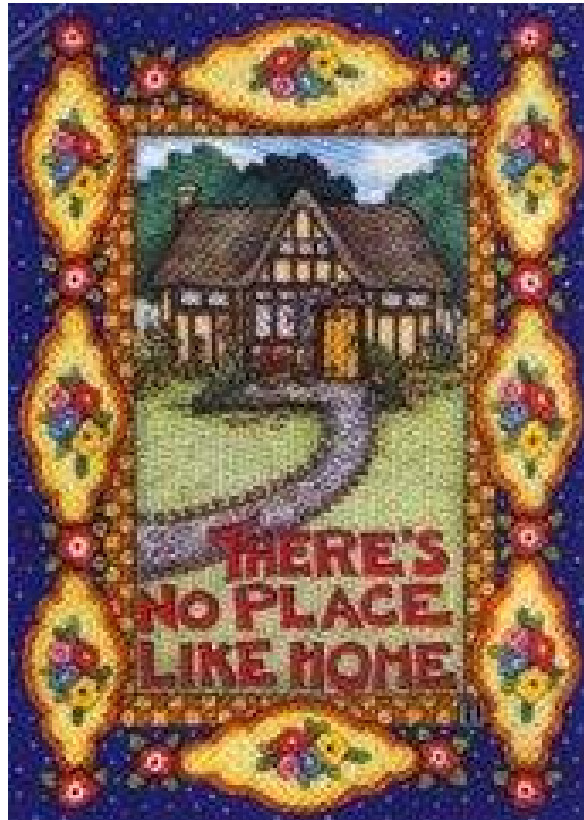
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You have the right to have relationships with whom you choose.



You have the responsibility to respect your partner and to make informed choices regarding that relationship.

# You have the Right to be **SAFE** in **YOUR OWN HOME**



You have the responsibility to learn and practice safety skills,  
including fire and tornado drills.

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# You have the Right to say **NO!**



You have the responsibility to speak up and tell people “no” if you don’t want to do something—especially if you don’t feel safe doing it.

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# You have the Right to make **MISTAKES**



You have the responsibility to learn from those mistakes.

# You have the Right to **Plan for your Future**



You have the responsibility to be actively involved in making your person centered support plan.

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You have the right to be free from

**ABUSE,  
NEGLECT  
AND  
EXPLOITATION  
(ANE)**

# Abuse:

Putting the person at serious risk of harm either through

- **VERBAL ABUSE:** the use of words (spoken, written or signed) by one person towards another to demean, swear, intimidate, harass, cause emotional pain, or threaten harm.
- **PHYSICAL ABUSE:** causing intentional physical harm to the person.

# NEGLECT

- Through negligence causing severe harm to the person. In other words, it is the failure to provide care and services for someone who needs assistance in caring for himself or herself.

# There are 3 kinds of **NEGLECT**

- **Medical:** Not being able to get to see a doctor when necessary or not getting your medication when needed.
- **Personal:** Not getting the proper amount of Hygiene (personal care), Nutrition, or Social Interaction with others.
- **Lack of Needed Supervision:** Being left alone for long periods of time where a person's physical safety is jeopardized.

# EXPLOITATION

- Exploitation is using the person for financial, sexual or other personal gain.
- Some examples: If someone asks you to wash their car or do their yardwork, but doesn't offer to pay you a competitive wage.
- Staff asks to borrow some of your money.
- Staff writes down their regular hours even if they are very late to work, or credits themselves hours they didn't work.
- Borrowing personal property without permission.
- Eating your food without permission.

# To Report suspected Abuse, Neglect or Exploitation of an adult in the community

- Call the KANSAS PROTECTION REPORT CENTER at **1-800-922-5330**. Every call is taken seriously. Telephone lines are staffed 24 hours a day. All calls are confidential.
  - In the event of an emergency contact your local law enforcement or call 911.
  - Make sure to let your case-manager know of any concerns you might have regarding your rights and responsibilities.
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